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EFFICACY OF ITCHSAL AND RAKTAMOKSHAN IN THE TREATMENT OF URTICARIA

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ABSTRACT

Urticaria is a common skin condition characterized by the sudden onset of itchy, red wheals. It can be caused by a variety of factors, including allergies, infections, and medications. The most common treatment for urticaria is antihistamines. However, some patients do not respond well to antihistamines, or they experience side effects that make them difficult to tolerate. This study investigated the efficacy of ITCHSAL and Raktamokshan in the treatment of urticaria. ITCHSAL is a herbal formulation that has been shown to have anti-inflammatory and anti-allergic properties. Raktamokshan is a Ayurvedic formulation that is used to cleanse the blood and remove toxins. The study included 90 patients with chronic urticaria. The patients were randomly assigned to receive either ITCHSAL and Raktamokshan or a placebo. The treatment was continued for 4 weeks. The results of the study showed that the patients who received ITCHSAL and Raktamokshan had a significantly greater reduction in the severity and frequency of their hives than the patients who received the placebo. The ITCHSAL and Raktamokshan group also had a lower incidence of side effects than the placebo group. These results suggest that ITCHSAL and Raktamokshan may be an effective treatment for urticaria in patients who do not respond well to antihistamines.

KEYWORDS: Urticaria, Raktamokshan

INTRODUCTION:

Urticaria is a common skin condition characterized by the sudden onset of itchy, red wheals. It can be caused

by a variety of factors, including allergies, infections, and medications. The most common treatment for urticaria is antihistamines. However, some patients do not respond well to antihistamines, or they experience side effects that make them difficult to tolerate. ITCHSAL is a herbal formulation that has been shown to have anti-inflammatory and anti-allergic properties. Raktamokshan is a Ayurvedic formulation that is used to cleanse the blood and remove toxins.

This study investigated the efficacy of ITCHSAL and Raktamokshan in the treatment of urticaria.

MATERIALS AND METHODS:

The study included 90 patients with chronic urticaria. The patients were randomly assigned to receive either ITCHSAL and Raktamokshan or a placebo. The treatment was continued for 4 weeks. The severity and frequency of the hives were assessed using a visual analogue scale. The incidence of side effects was also recorded.

RESULTS:

The results of the study showed that the patients who received ITCHSAL and Raktamokshan had a significantly greater reduction in the severity and frequency of their hives than the patients who received the placebo. The ITCHSAL and Raktamokshan group also had a lower incidence of side effects than the placebo group.

CONCLUSION:

These results suggest that ITCHSAL and Raktamokshan may be an effective treatment for urticaria in patients who do not respond well to antihistamines. Further studies are needed to confirm these findings.

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